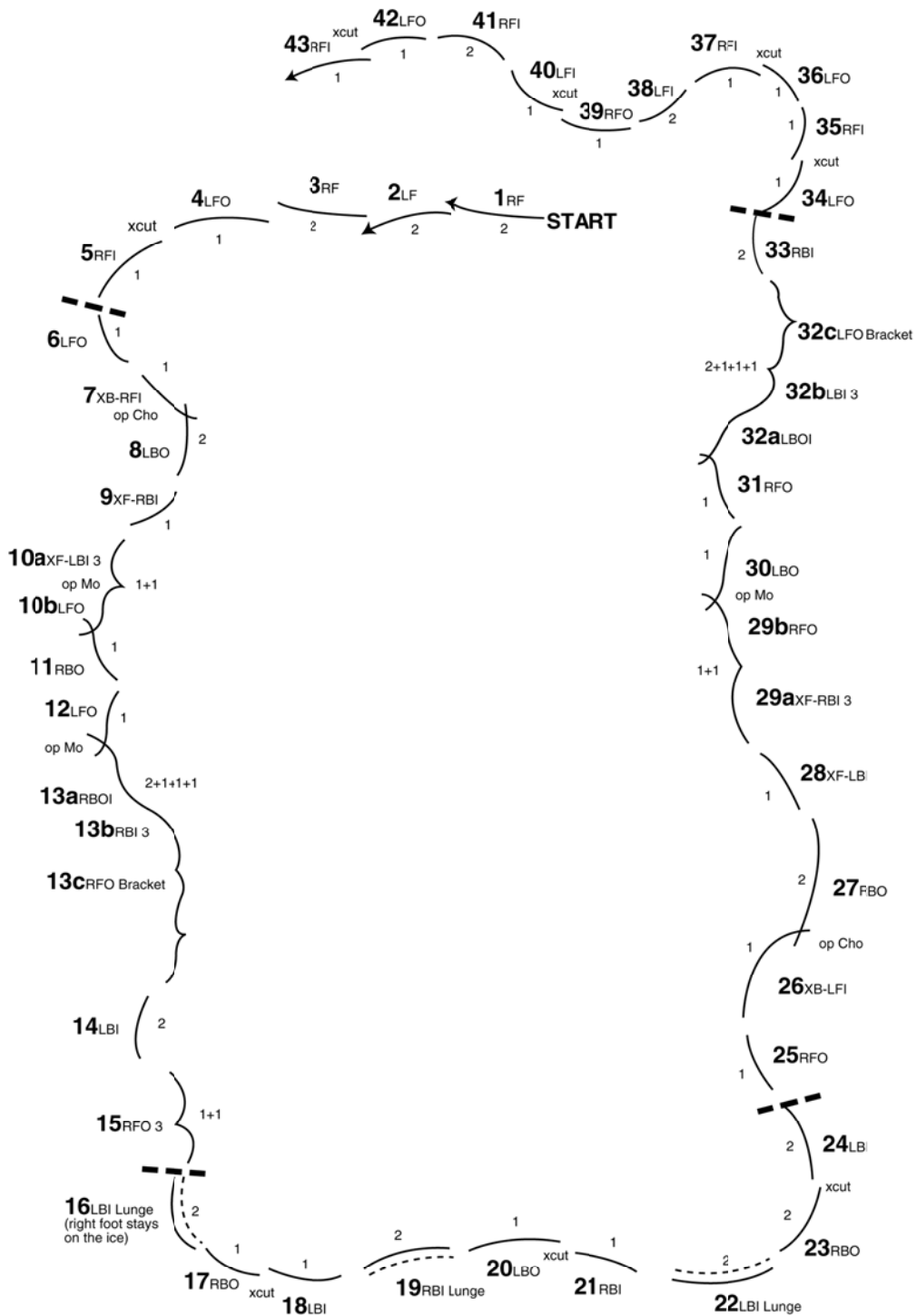


JUNIOR SILVER
MULTI TURNS & POWER THREES

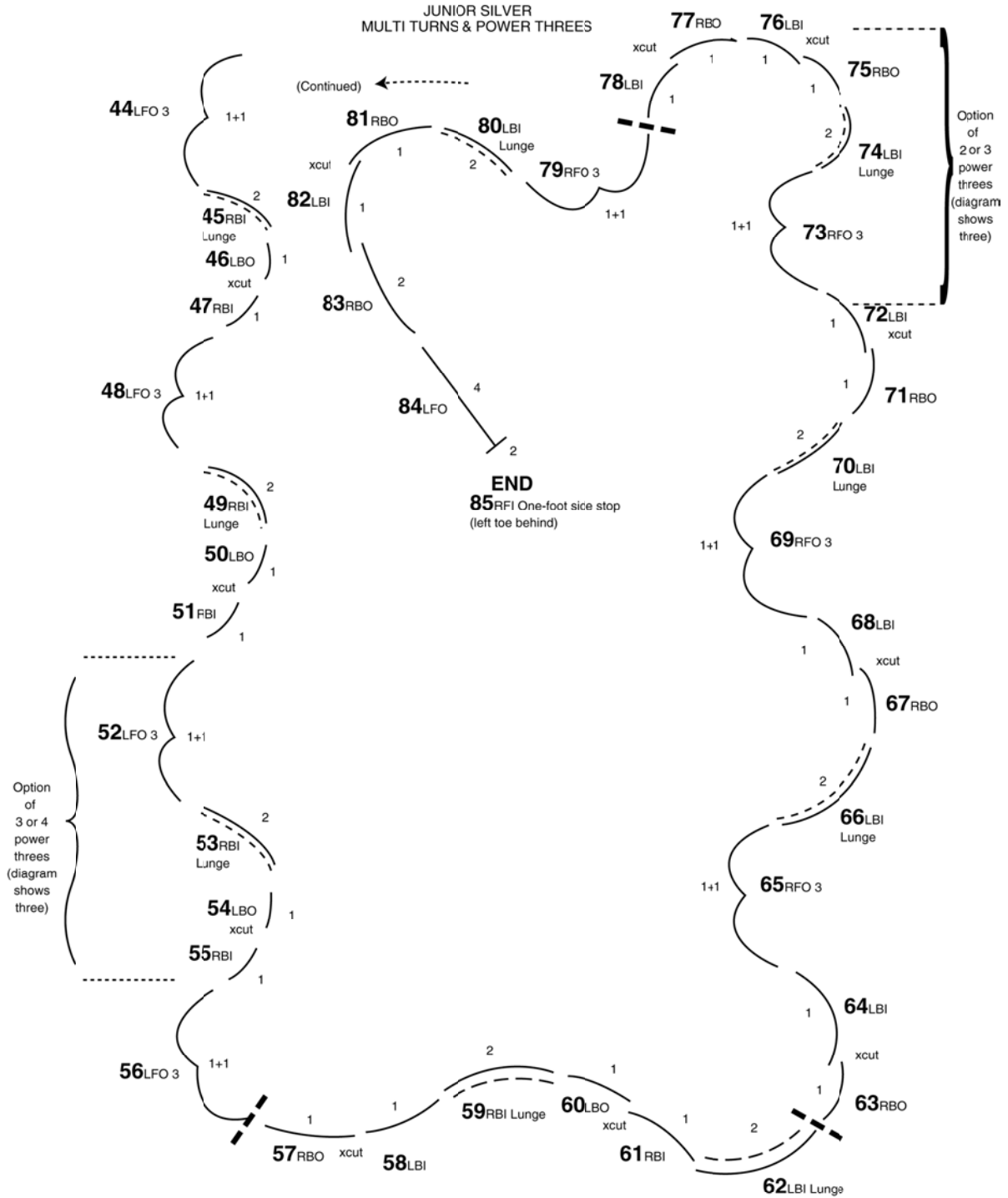


Revised April 12, 2001

FOCUS : BALANCE IN MULTIPLE TURNS
POWER TRANSITIONS

Time Signature = 4/4
Tempo = 112 bpm
Music = Multi-Turns and
Power Threes (4A)

JUNIOR SILVER
MULTI TURNS & POWER THREES

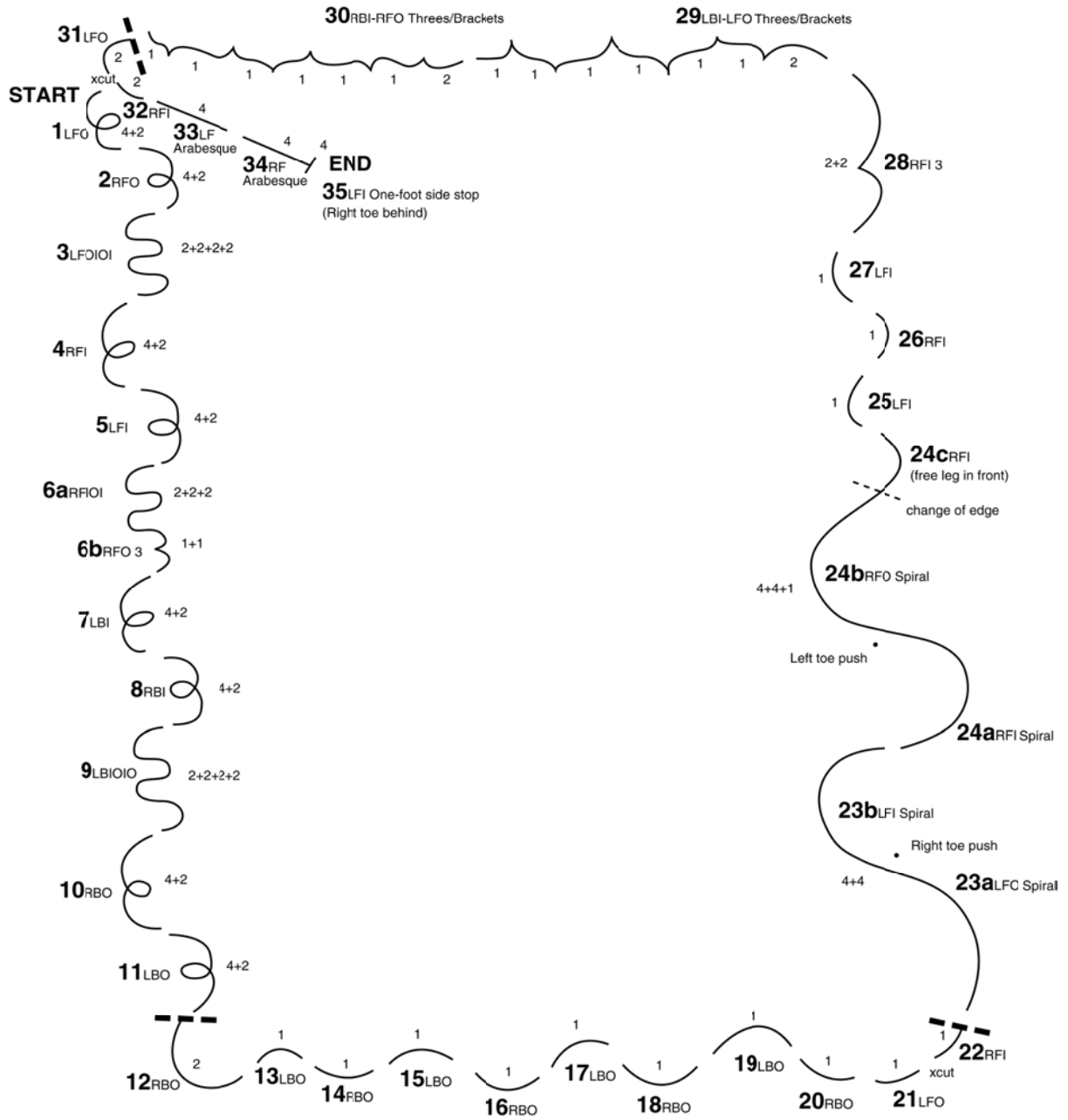


Revised April 12, 2001

FOCUS : BALANCE IN MULTIPLE TURNS
POWER TRANSITIONS

Time Signature = 4/4
Tempo = 112 bpm
Music = Multi-Turns and
Power Threes (4A)

JUNIOR SILVER
 SNAKES & LADDERS II (revised)



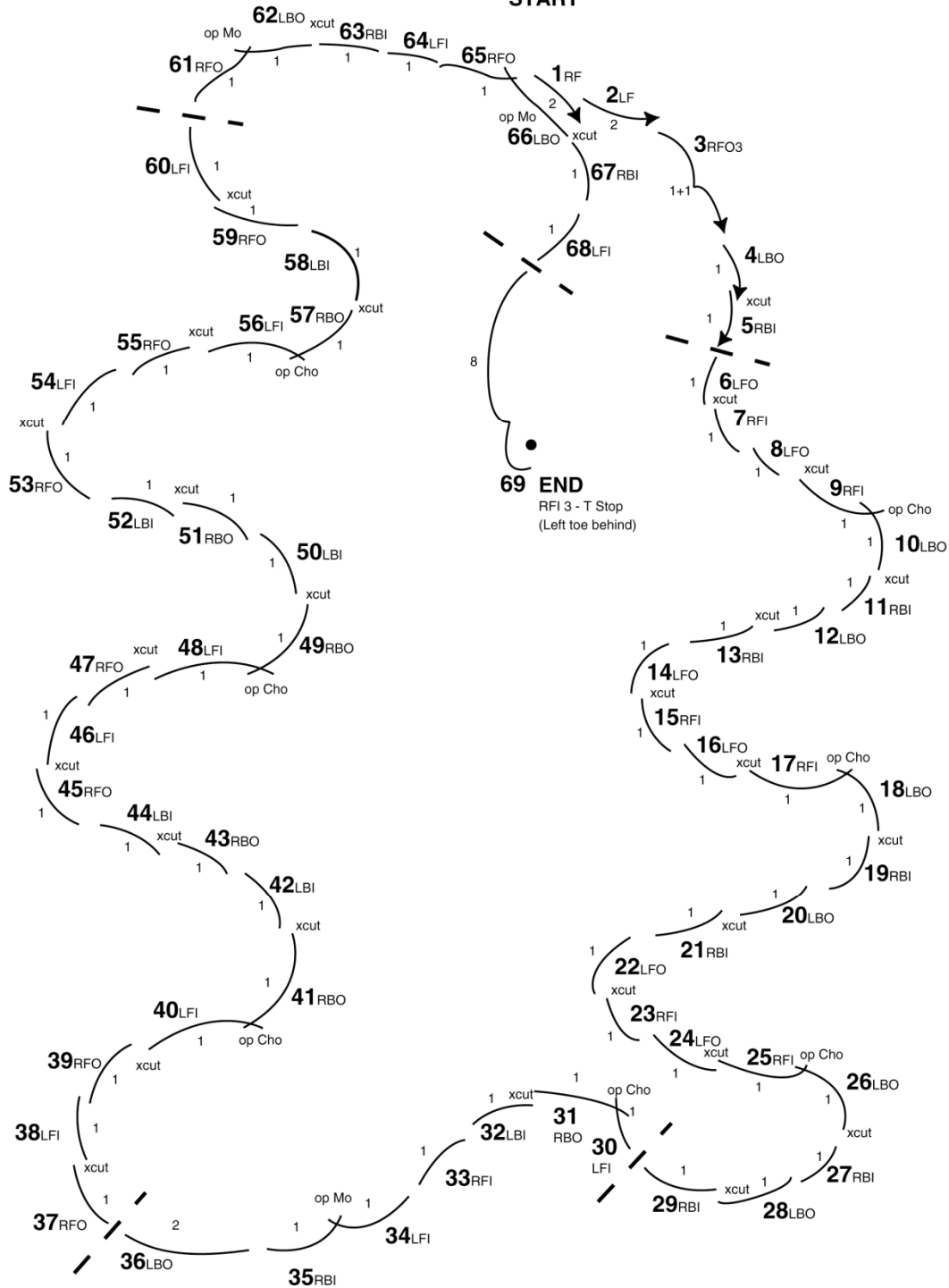
Revised April 12, 2001

FOCUS : EDGE QUALITY IN SMALL LOEES
 BALANCE IN MULTIPLE TURNS AND LOOPS

Time Signature = 4/4
 Tempo = 108 bpm
 Music = Snakes and Ladders
 (4B)

JUNIOR SILVER
FLYING CHOCTAWS

START



Revised July 1, 2001

FOCUS : AGILITY
POWER

Time Signature = 4/4
Tempo = 120 bpm
Music = Flying Choctaws (1A)